

# LIVING YOUR HEART'S DESIRE

## Getting Into S.H.A.P.E. -- Part 2

### November 2, 2008

Job 10:8 (NIV) *"Your hands **shaped** me and made me..."*

#### 1. WHAT DOES THE BIBLE SAY ABOUT YOUR HEART?

Proverbs 27:19 (TEV) *"It is your own face that you see reflected in the water and it is **your own self** that you see in your heart."*

- Why you \_\_\_\_\_ the things you do.

Matthew 12:34 (TEV) *"...For the **mouth speaks** what the heart is full of."*

- Why you \_\_\_\_\_ the way you do.

Hebrews 4:12 (Phillips) *"For the **Word that God speaks...** exposes the very **thoughts and motives** of a person's heart."*

- Why you \_\_\_\_\_ the way you do.

Proverbs 4:23 (NLT) *"Above all else, guard your **heart**, for it affects everything you do."*

#### 2. WHAT IS IT LIKE TO LIVE YOUR HEART'S DESIRE?

Colossians 3:23 (TEV) *"Whatever you do, **work at it with all your heart**, as though you were **working for the Lord** and not for people."*

- It brings \_\_\_\_\_
- It heightens \_\_\_\_\_
- It leads to \_\_\_\_\_

Ecclesiastes 2:10 (NIV) *"...My **heart took delight** in all my work, and this was the **reward for all my labor**."*

#### 3. HOW DO YOU START LIVING YOUR HEART'S DESIRE?

- \_\_\_\_\_ all your life to Christ.

**Psalms 37:4-5 (TEV)** “*Seek your happiness in the Lord, and He will give you your heart's desire.* <sup>5</sup> *Give yourself to the Lord; trust in Him, and He will help you.*”

**Genesis 1:31a (NIV)** “*God saw all that He had made, and it was very good.*”

- \_\_\_\_\_ what you enjoy doing.

**Galatians 6:4 (GW)** “*Each of you must examine your own actions. Then you can be proud of your own accomplishments without comparing yourself to others.*”

- \_\_\_\_\_ your options.

**Proverbs 23:23 (TLB)** “*Get the facts at any price, and hold on tightly to all the good sense you can get.*”

**Proverbs 27:17 (NLT)** “*As iron sharpens iron, a friend sharpens a friend.*”

- \_\_\_\_\_ God is with you.

**Joshua 1:9 (TLB)** “*...Be bold and strong! Banish fear and doubt! For remember, the Lord your God is with you wherever you go.*”

**Three fears that kill dreams and stop a heart.**

1. The fear of \_\_\_\_\_.
2. The fear of \_\_\_\_\_.
3. The fear of the \_\_\_\_\_.

**Philippians 2:13 (NLT)** “*For God is working in you, giving you the desire to obey Him and the power to do what pleases Him.*”